
ABOUT YOUR RETAINERS

CONGRATULATIONS! YOU DID IT! WE ARE PROUD OF YOU!

Now we have to work together to stabilize the results of treatment. The tongue, lips and supporting structures must adapt to the new position of your teeth. You will need to wear retainers to protect your investment. Retainers prevent the teeth from moving back to their original position.

About 95 % of your correction can be retained. The teeth will not stay exactly where we have placed them. They will make adaptive changes to function in the most efficient manner. This readjustment is not a failure of correction, but a natural change that we have learned to accept.

We will supervise the first two years of retention. This is included in your original fee. Working together, we can get the maximum lifetime benefits from your investment of time, money and effort.

Here's what we'll do:

- Provide you with one retainer for each arch. If one is lost or broken it is imperative that you have an immediate replacement. Otherwise, your teeth will shift.
- ⌚ Carefully supervise the wear and care of your retainers and help you with any problems.
- ⌚ Schedule the necessary appointments.
- ⌚ Monitor the development of wisdom teeth.

Here's what you need to do:

- Schedule an examination and cleaning. Brush and floss thoroughly every day to protect that beautiful smile.
- Wear your retainers as instructed, **24 hours a day until we tell you otherwise.**
- Keep your appointments. If you miss more than one appointment, we can't control your retention, and we'll have to charge for any necessary subsequent visits.
- Take care of your retainers. Clean them daily with toothpaste and a tooth brush. Don't wrap them in a napkin, as they may be thrown away. Dogs and other pets love to chew on them. If you're not wearing or cleaning them, keep them in the protective retainer case.
- If you lose or break a retainer, please call us immediately. The teeth will move if retainers are worn. **There is a charge of \$175 to replace lost or broken retainers, so please be careful.**